

# Lowestoft Rowing Club

## INFORMATION FOR NEW MEMBERS

*The club is based in its own Boathouse adjacent to the Oulton Broad Water-sports Centre at Colman's Dyke in Nicholas Everitt Park, Oulton Broad. We have a wide variety of boats, including fours, pairs, single, double & quad sculls, and recreational boats. We welcome juniors, novices and veterans as well as experienced oarsmen/women. Most of our members row for pleasure, but we also encourage those who wish to compete, and the club is regularly represented at local events.*

*Regular club sessions take place at 6pm until 8pm on Wednesday and Sunday evenings in the summer, and at 10am on Sunday mornings during the winter.*

*Membership for 2016/17 is £20 per month payable as an annual lump sum or by Standing Order only, with a reduced rate for juniors & full-time students (£6 per month): please consult the Treasurer about any special circumstances.*

*Bank details: Lloyds TSB      Sort Code: 77-66-05      Acc. No.: 31424168*

*The club's colours are **navy blue and light blue**. When attending training sessions please wear suitable clothing e.g. track-suits, trainers, 'jogging' trousers, T-shirt, shorts and sweatshirts. Club kit is usually available to purchase.*

*Lowestoft Rowing Club has a website at [www.lowestoftrowingclub.org.uk](http://www.lowestoftrowingclub.org.uk) and a Facebook page.*

*Any of the club's officers will be happy to give you more information - or simply come along for a free trial outing at the beginning of one of the regular club sessions.*

*The club officers for 2016/17 are:-*

<i>Chairman</i>	<i>Paul Gurbutt</i>	<i>01502 716994</i>	<i>paul.gurbutt@waitrose.com</i>
<i>Captain</i>	<i>Nigel Lyman</i>	<i>01502 585829</i>	<i>nigel_lyman@yahoo.co.uk</i>
<i>Treasurer</i>	<i>John Shepherd</i>	<i>01728 649099</i>	<i>john@blissford.net</i>
<i>Secretary</i>	<i>Debbie Shepherd</i>	<i>01728 649099</i>	<i>debbie@blissford.net</i>
<i>Safety Officer</i>	<i>Gary Peck</i>	<i>07941 049809</i>	<i>gary.p.peck@btinternet.com</i>
<i>President</i>	<i>Geoff Stevens</i>	<i>01502 566054</i>	<i>gandjstevens@gmail.com</i>

*If you wish to join please complete, sign and send a membership application form (with your subscription if paying by cheque) to the Treasurer*

*John Shepherd, Fiske Cottage, Yoxford Road, Westleton, Saxmundham, Suffolk IP17 3AE.*